



Spring 2018 Extra-Curricular Activities

Why choose Extra-Curricular Activities for your child? It's one way for your child to socialize with their peers, enhance skills and/or explore a new activity. Studies show that students who participate in extra-curricular activities increase their academic scores, improve oral communication and relieve stress.

How long do the classes run? Classes are 6-10 weeks depending on the activity. Read each activity description carefully because some classes are once a week for one hour and some others are twice a week for one hour.

What are the times? All classes are from 3:00 – 4:00 or 4:15.

How much are the classes? All prices are listed in the class description. Payments must be made in full at the first class. Make checks payable to Immaculate Conception School.

(Please note: There is a minimum of 6 students per class. Classes will take place only if enough students sign up.)

Is Aftercare a different program? Yes, it is a different program that costs \$8 per hour. However, your child may attend Aftercare if that is needed after completing the extra-curricular program/class.

(Please note: Students who are not picked up on time from their activity will be dismissed to Aftercare to wait for parents.)

Spring 2018 Programs

Archery

Grades 5-8

Kathy Hausler

Cost: \$60

Karen Smith

This is a program follows the strict safety standard set by NASP (National Archery School Program). The basic skills and history of archery will be the focus of this program. Students will learn to line up their shots, shot with correct form, and scoring as part of this course. **This program is limited to 10 students per session.** See attached flyer for more details.

Dates

Mondays – April 9, 16, 23, 30, May 7, 14

Wednesdays – April 11, 18, 25, May 2, 9, 16

Time: 3:00 – 4:15

Beginner's Chess

Grades 3-8

Louis De Lauro

Cost: \$50

Learn to play the world's most popular game. This class is designed for absolute beginners and for advanced beginners. If you can move the pieces you are an advanced beginner. This class will review how the pieces move. The class will introduce castling and checkmate. There will be plenty of time to play for fun.

Max class size: 12 students

Dates

Mondays – April 9, 16, 23, 30

Time: 3:00 – 4:00

Tournament Date: Wednesday May 9 3:00 – 5:00 Students will play three games. All undefeated players will win trophies.

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Intermediate Chess

Grades 3-8

Louis De Lauro

Cost: \$50

So you know how to move the pieces and you can play chess. You understand checkmate and you want to learn more. This class is perfect for you. This class will introduce how to play the opening. The class will introduce forks, pins, skewers, and hidden attacks. The class will explain how to defend against scholar's mate - 4 move checkmate. Students will learn many checkmate patterns. Advanced players may learn the Ponziani opening or the Colle attack. Students will also learn how to win in the endgame. There will be plenty of time to play for fun.

Max class size: 12 students

Dates

Wednesdays – April 11, 18, 25, May 2

Time: 3:00 – 4:00

Tournament Date: Wednesday May 9 3:00 – 5:00 Students will play three games. All undefeated players will win trophies.

Latin Club

Grades 6-8

Fran Spann

Cost: \$90

Students will engage in activities centered on the Latin language, fostering an interest in and an appreciation of the language, literature, and culture of ancient Greece and Rome.

Dates

Tuesdays – April 10, 17, 24, May 1, 8, 15, 22, 29, June 5

Time: 3:00 – 4:00

Organized for Success

Grades 5-8

Kim McCarron

Cost: \$60 * NOTE: Winter Session students \$40 due to make-up sessions

Students will focus on organizing and planning their workload for the weekend and upcoming week. A plan will be created for the weekend and upcoming week, reviewing assignment books, creating study tools, and planning long-term projects. Plus your child will get a jump-start on their homework for the weekend.

Dates

Fridays – April 13, 27, May 11, 18, 25, June 1

Time: 3:00 – 4:00

Study Buddies Club

Grades 3-5

Teri Craig

Cost: \$80 Mondays * NOTE: Winter Session students \$60 due to make-up sessions

Cost: \$90 Tuesdays

Students will focus on study skills, organization skills, test prep, and homework. Course will focus on learning the difference between homework, studying and being prepared for class. When homework assignments are light, the focus will be on planning of long-term projects and educational games to reinforce skills. Minimum 6 students per day

Dates

Mondays – April 9, 16, 23, 30, May 7, 14, 21, June 4

Tuesdays – April 10, 17, 24, May 1, 8, 15, 22, 29, June 5

Time: 3:00 – 4:00

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Study Buddies Club

Grades 6-8

Stacy Jones

Cost: \$80 Mondays * NOTE: Winter Session students \$60 due to make-up sessions

Cost: \$90 Wednesdays * NOTE: Winter Session students \$50 due to make-up sessions

Students will focus on study skills, organization skills, test prep, and homework. Course will focus on learning the difference between homework, studying and being prepared for class. When homework assignments are light, the focus will be on planning of long-term projects and educational games to reinforce skills. Minimum 6 students per day

Dates

Mondays – April 9, 16, 23, 30, May 7, 14, 21, June 4

Wednesdays – April 11, 18, 25, May 2, 9, 16, 23, 30, June 6

Time: 3:00 – 4:00

Yoga Club

Grades 2-4

Joelle DiSessa

Cost: \$80 * NOTE: Winter Session students \$50 due to make-up sessions

Each session will consist of learning the correct form of poses to encourage strength, balance and flexibility. Students will also learn breathing techniques and simple meditation strategies to encourage a positive and spiritual journey. Please refer to the attached flyer for more information on the benefits of Yoga for children.

Max class size: 12 students

Dates

Mondays – April 9, 16, 23, 30, May 7, 14, 21, June 4

Time: 3:15 – 4:00

Yoga Club

Grades 2-4

Joelle DiSessa

Cost: \$80

Each session will consist of learning the correct form of poses to encourage strength, balance and flexibility. Students will also learn breathing techniques and simple meditation strategies to encourage a positive and spiritual journey. Please refer to the attached flyer for more information on the benefits of Yoga for children.

Max class size: 12 students

Dates

Tuesdays – April 10, 17, 24, May 1, 8, 15, 22, June 5

Time: 3:15 – 4:00

Yoga Club

Grades 5-8

Joelle DiSessa

Cost: \$90 * NOTE: Winter Session students \$30 due to make-up sessions

Each session will consist of learning the correct form of poses to encourage strength, balance and flexibility. Students will also learn breathing techniques and simple meditation strategies to encourage a positive and spiritual journey. Please refer to the attached flyer for more information on the benefits of Yoga for children. Maximum 12 students

Dates

Wednesdays – April 11, 18, 25, May 2, 9, 16, 23, 30, June 6

Time: 3:15 – 4:00

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Ultimate Frisbee

Grades 5-8

Kathy Hausler

Cost: \$60

This spring is something new for the Ultimate players. All players will be drafted onto a team for a 6-week tournament. You will stay with this team the entire 6 weeks and play a different team every week for a full 40 minutes with a 5-minute break at half time. **Every player must give 100%** no matter what the score and demonstrate true team unity and fair play. Sign up ASAP on the school website, the teams will be posted the week before we leave for Easter break (March 26th)

Dates

Tuesdays – April 10, 17, 24, May 1, 8, 15

Time: 3:15 – 4:00

Bricks4Kidz

Grades 1-4

Cost: \$96

The spring session theme is **World of Science**. Students will build a different motorized model each week. During the model building, emphasis is placed on collaborative work and developing critical thinking skills. Please refer to attached flyer for additional information.

Dates

Tuesdays – March 6, 13, 20, 27, April 10, 17

Time: 3:00 – 4:00

Spring Rugby

Grades 4-8

Cost: \$90

A co-ed program for all fitness levels! Focus will be on ball skills and development, hand-eye coordination, and improved agility. Register online at: www.bc-ac.org/rugby

Dates

Mondays – March 19, 26, April 9, 16, 23, 30

Time: 3:00 – 4:00

Spring Rugby

Grades K-3

Cost: \$90

A co-ed program for all fitness levels! Focus will be on ball skills and development, hand-eye coordination, and improved agility. Register online at: www.bc-ac.org/rugby

Dates

Wednesdays – March 21, 28, April 11, 18, 25, May 2

Time: 3:00 – 4:00

Jr. Hustle Basketball

Grades K-3

Cost: \$130 (1-Day Option) \$225 (2-Day Option)

Through a curriculum of fundamentals and fun games, children are taught entry-level basketball skills, planting the seed for future growth and love for the game. Both experienced and new players are welcome and players will be given instruction based on their ability level. Register online at: www.hunterdonhustle.com

Dates

Mondays – April 9, 16, 23, 30, May 7, 14, 21

Fridays – April 13, 27, May 11, 18, 25, June 1, 8

Time: 3:00 – 4:15

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Soccer Shots

Grades K-3

Cost: \$135

Introduce your child to the beautiful game of soccer in a creative, age appropriate, non-competitive setting. Classes taught by coaches who are passionate about working with children and about soccer. Register online at:

<http://centraljersey.ssreg.org>

Dates

Tuesdays – April 10, 17, 24, May 1, 8, 15, 22, 29, June 5

Time: 3:00 – 4:00