

ICS Extra Curricular After-School Activities

Why choose Extra-Curricular Activities for your child? It's one way for your child to socialize with their peers, enhance skills and/or explore a new activity. Studies show that students who participate in extra-curricular activities increase their academic scores, improve oral communication and relieve stress.

How long do the classes run? Classes are 6-10 weeks depending on the activity. Read each activity description carefully because some classes are once a week for one hour and some others are twice a week for one hour.

What are the times? All classes are from 3:00 – 4:00 or 4:15.

How much are the classes? All prices are listed in the class description. Payments must be made in full at the first class. Make checks to Immaculate Conception School.

(Please note: There is a minimum of 6 students per class. Classes will take place only if enough students sign up.)

Is Aftercare a different program? Yes, it is a different program that costs \$8 per hour. However, your child may attend Aftercare if that is needed after completing the extra-curricular program/class.

(Please note: Students who are not picked up on time from their activity will be dismissed to Aftercare to wait for parents.)

Fall 2017

Study Buddies Club

Grades 3-5

Teri Craig

Cost: \$100 for one day or \$200 for both days

Students will work on the following: study skills, organization skills, test prep, and homework. Course will focus on learning the difference between homework, studying and being prepared for class. When homework assignments are light, the focus will be on long-term projects and educational games to reinforce skills.

Dates: 10 or 20 sessions 3-4:00 – Tuesdays, Sept 12, 19, 26, Oct 3, 10, 17, 24, Nov 7, 14, 21, and/or Wednesdays – September 13, 20, 27, Oct 4, 11, 18, 25, Nov 1, 8, 29.

Study Buddies Club

Grades 6-8

Stacy Jones & Karen Smith/Kim McCarron

Cost: \$100 for one day or \$200 for both days

Students will focus on study skills, test preparation and homework help. When days that homework is light, class will reinforce skills through educational games. Dates: 10 or 20 sessions – 3-4:00 Mondays, September 11, 18, 25 October 2, 16, 23, 30, November 6, 13, 20, and/or Wednesdays, September 13, 20, 27, Oct 4, 11, 18, 25, Nov 1, 8, 29

Ultimate Frisbee **Grades 5-8** **Kathy Hausler**
Cost: \$60
Students engage in a highly cardio activity. Students are divided into 4 Teams with a different "captain" each week. Students are familiar with rules from their Physical Education classes and officiate their own games.
Dates: 6 sessions, 3-4:00 – Wednesdays- (Weather permitting) September 20, 27, Oct 4, 11, 18, 25 (Make up session, Nov 1 if needed)

Cross Country **Grades 4-8** **Eric Eisenhart**
Cost: \$75
Students will work with an experienced marathon runner and athletic trainer to develop effective running form, speed and endurance. A team T-shirt is included.
Dates: 13 sessions, 3-4:00 - Tuesdays, Sept 12, 19, 26, Oct 3, 10, 17, 24 and Thursdays, September 14, 21, 28, Oct 12, 19, 26.

Archery **Grades 5-8** **Kathy Hausler/Karen Smith**
Cost \$60 – Limit 10 students per day - No need to change clothing
This is a program follows the strict safety standard set by NASP (National Archery School Program). Any participant who chooses not to follow these guidelines will be removed from the program. The rules and safety procedures will be carefully and thoroughly taught. The basic skills and history of archery will be the focus of this program. Students will learn to line up their shots, shoot with correct form, and score as part of this course. This program is limited to 10 students per session. If more than 10 are interested, students will be chosen by lottery.
Dates: 6 sessions – 3-4:15, Tuesdays – Sept 19, 26, Oct 3, 10, 17, 24 -OR- Wednesdays – Sept 20, 27, Oct 4, 11, 18, 25

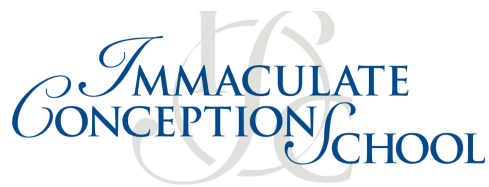
Soccer Shots **Grades K-3** **Soccer Shots Staff**
Cost: \$110
Dates: 8 sessions – 3-4:00, 9/18 – 11/13
Separate Flyer for registration will be sent

Hunterdon Hustle Jr Basketball **Grades K-3** **Kevin McCarron**
Cost: \$130
Dates: 7 Sessions – 3-4:15 – 9/13-10/25
Separate Flyer for registration will be sent

ICS Band **Grades 4-8** **Gena James**
Meets Mondays after school

IC Singers **Grades 4-8** **Gena James**
Meets Tuesdays after school

ICS Glee Club **Grades 2 & 3** **Gena James**
Meets Thursdays after school



Extra Curricular Activities Permission Form Fall 2017

Please complete one form for each student

<i>Student First Name</i>		<i>Student Last Name</i>	
<i>Grade</i>		<i>Teacher</i>	

Please check your choice of activities below:

<input type="checkbox"/> Study Buddies	Grades 3 – 5	Mrs. Craig	\$100 Tuesdays
<input type="checkbox"/> Study Buddies	Grades 3 – 5	Mrs. Craig	\$100 Wednesdays
<input type="checkbox"/> Study Buddies	Grades 3 – 5	Mrs. Craig	\$200 Both Days
<input type="checkbox"/> Study Buddies	Grades 6 – 8	Mrs. Jones	\$100 Mondays
<input type="checkbox"/> Study Buddies	Grades 6 – 8	Mrs. Jones	\$100 Wednesdays
<input type="checkbox"/> Study Buddies	Grades 6 – 8	Mrs. Jones	\$200 Both Days
<input type="checkbox"/> Ultimate Frisbee	Grades 5 – 8	Mrs. Hausler	\$60 Wednesdays
<input type="checkbox"/> Cross Country	Grades 4 – 8	Eric Eisenhart	\$75 Tuesdays & Thursdays
<input type="checkbox"/> Archery	Grades 5 – 8	Mrs. Hausler	\$60 Tuesdays
<input type="checkbox"/> Archery	Grades 5 – 8	Mrs. Smith	\$60 Wednesdays
<input type="checkbox"/> Archery	Grades 5 – 8	Mrs. Hausler & Mrs. Smith	\$120 Both Days
<input type="checkbox"/> Soccer Shots	Grades 5 – 8	Soccer Shots Staff	See Flyer for Registration
<input type="checkbox"/> Hunterdon Hustle Jr. BB	Grades K – 3	Kevin McCarron	See Flyer for Registration
<input type="checkbox"/> ICS Band	Grades 4 – 8	Mrs. James	Meets Mondays after school
<input type="checkbox"/> IC Singers	Grades 4 – 8	Mrs. James	Meets Tuesdays after school
<input type="checkbox"/> ICS Glee Club	Grades 2 & 3	Mrs. James	Meets Thursdays after school

I give permission for my child: _____

to attend the above selected after school extra curricular activities at Immaculate Conception School.

Please see the activities description list for specific days and times.

Enclosed is \$ _____ (Please make checks payable to ICS.)

Parent Email: _____ Parent Cell #: _____

In case of an emergency, please contact:

Name: _____ Phone: _____

Parent/Guardian Signature: _____ Date: _____

Please return completed form to the school office