



IMMACULATE CONCEPTION CYO CHEERLEADING



2015-2016

MEDIA RELEASE:

I, _____ GIVE MY DAUGHTER PERMISSION TO BE PHOTOGRAPHED BY PROFESSIONAL SPORTS PHOTOGRAPHERS/VIDEOGRAPHERS DURING ANY OR ALL COMPETITIONS THAT IMMACULATE CONCEPTION CYO CHEERLEADERS ENTER. PHOTOGRAPHS/VIDEO CLIPS MAY BE POSTED FROM THE EVENT ON THE PHOTOGRAPHERS WEBSITE. MOST EVENTS PROVIDE THIS SERVICE FOR PURCHASE OF THOSE ATTENDING THE EVENT. THIS RELEASE MAY ALSO INCLUDE ANY NEWSPAPER OR TELEVISION COVERAGE AS WELL. PLEASE NOTE; COACHES MAY NOT BE AWARE OF CONTINUAL VIDEO TAPING OF AN ENTIRE EVENT.

ANY LOCAL NEWSPAPER PUBLISHING OF A PHOTOGRAGH OF ANY ICC CHEER TEAM WILL BE HANDLED BY THE COACHING STAFF ONLY AND PARENTS WILL BE ADVISED PRIOR TO ANY PUBLICATIONS.

Cheerleaders Name: _____ Team: _____

Parent signature: _____ Date: _____

IMMACULATE CONCEPTION

CHECK# _____

CYO CHEERLEADING

REGISTRATION FORM 2015-2016

NAME: _____

ADDRESS: _____

Biddy: 2nd & 3rd grade - \$125

CITY/STATE/ZIP: _____

JV: 4th & 5th grade - \$175

HOME PHONE: _____ CELL MOM: _____

Varsity: 6th, 7th, 8th - (closed)

CELL DAD: _____

EMAIL: _____

PARISH: _____ SCHOOL: _____

CCD DAY: _____ GRADE: _____ AGE: _____

TOP SIZE: YXS YS YM YL YXL AS AM AL AXL (PLEASE CIRCLE ONE)

SHORT SIZE: YXS YS YM YL YXL AS AM AL AXL (PLEASE CIRCLE ONE)

NAME OF PARENT/GUARDIAN: _____

HEALTH INSURANCE COMPANY: _____ POLICY NUMBER: _____

ARE YOU CURRENTLY UNDER DOCTORS CARE? _____ IF SO EXPLAIN: _____

PLEASE LIST ANY ALLERGIES: _____

PRIMARY CARE PHYSICIAN: _____ PHONE NUMBER: _____

DENTIST: _____ PHONE NUMBER: _____

I HEREBY REQUEST THAT MY CHILD PARTICIPATE IN THE 2015-2016 CHEERLEADING PROGRAM FOR IMMACULATE CONCEPTION CHURCH.

MY DAUGHTER HAS RECEIVED A PHYSICAL EXAMINATION BY A PHYSICIAN AND HAS BEEN FOUND PHYSICALLY CAPABLE OF PARTICIPATING IN THE CYO PROGRAM.

SHOULD EMERGENCY MEDICAL TREATMENT BE NECESSARY, AND I AM UNABLE TO BE CONTACTED IMMEDIATELY, I AUTHORIZE A VOLUNTEER ADULT COACH FROM IMMACULATE CONCEPTION CHURCH TO ACT ON MY BEHALF AND APPROVE APPROPRIATE TREATMENT.

I SPECIFICALLY WAIVE CLAIM OR CLAIMS THAT MAY BE DERIVED FROM ANY ACCIDENT OR INJURY SUSTAINED BY MY CHILD DURING ALL CHEERLEADING EVENTS AND AGREE TO INDEMNIFY AND SAVE HARMLESS IMMACULATE CONCEPTION CHURCH / SCHOOL AND ALL ADULTS SUPERVISING THE ACTIVITIES.

I UNDERSTAND THAT I MUST VOLUNTEER ONE SHIFT PER CHILD AT THE ICC CONCESSION STAND, ENTRY DOOR OR SCORE TABLE DURING THE SEASON IN ORDER FOR MY CHILD TO PARTICIPATE. I WILL VOLUNTEER THROUGH THE icarol PROGRAM. FOR icarol FORMS AND INSTRUCTIONS PLEASE SEE: WWW.LEAGULINEUP.COM\ICCLINTON

SIGNATURE OF PARENT/GUARDIAN: _____ DATE: _____

EMERGENCY NAME/PHONE (OTHER THAN ABOVE): _____

PLEASE MAKE CHECK PAYABLE TO: ICC CYO

DEADLINE FOR PAYMENT: Nov. 1, 2015 for Biddy and JV

Immaculate Conception
Blue Knights CYO Cheerleading
2015-2016

Immaculate Conception Blue Knights CYO cheerleading will be offered to girls within our school and parish in grades 2 and up (*based on coaching availability*). Volunteers to coach at all levels are needed. If you are looking for a way to be involved with your daughter and her friends or enjoying helping build self-esteem in girls then join the ICC Cheer Coaching Staff. Simply include a note with your daughter's registration information.

Biddy – Grades 2 & 3 Jr. Varsity – Grades 4 & 5 Varsity – Grades 6, 7, 8

Biddy will exhibition at a local cheer competition at North Hunterdon High School. Jr. Varsity will compete in a minimum of two competitions in the 2015-16 season and all teams will cheer for a minimum of 8 home basketball games on Saturdays. Cheerleaders are **not permitted to play basketball or cheer for another league/school while on ICC Blue Knights**. While cheerleading is great fun, girls need to be dedicated to this program due to the amount of cheer, dance, stunt and basic tumbling that is taught in a limited amount of time. If your daughter plays another sport or has other activities that interfere with practice we suggest not registering.

Biddy practices Fridays (3pm-4:30pm) from late November until the end of February. This team is limited to 20 girls.

JV practices Tuesdays and Thursdays (3p-5p) from December until the end of February. This team is limited to 20 girls.

Varsity practices on Monday, Wednesday & Friday (3pm-5:30pm). There are limited practices in early fall until season goes in full swing in mid-November.

All cheerleaders are required to complete conditioning exercises, jumps and stunts which may include inverted positions. Stunts include building and holding teammates at multiple height levels. If your child has any medical precautions, you may wish to speak with the coach prior to the season.

This year's Varsity squad was renewed in May. Varsity requires evaluations when openings become available after the season is over. Varsity evaluations were held in the spring for the 2015/2016 season. Varsity is a ***highly competitive team*** and requires prior cheer stunt and tumbling skills. This team is limited to 20 girls.

ICC CYO cheerleading is a member of the CCCANJ (Catholic Cheerleading Coaches Association of New Jersey). We are governed by this league and it is in accordance with the Dioceses of Metuchen.

All openings for Biddy and JV will be on a first come first serve basis. All registrations must be in the Immaculate Conception Main Office November 1, 2015.